

Volleyball Setting Team Sports Rubric

This rubric will help to grade skill level of students in volleyball setting mechanics. To achieve a skill number, students must demonstrate all of the skills in that scoring level. Emphasis is on the process and mechanics of the sports skill during the game.

Skill Number	Mechanics and Cues of Skill
1	<p style="text-align: center;">Basic Skill Level</p> <ul style="list-style-type: none">• Students hands are not ready above their head and in a diamond shape• Student pushes their hands too early or too late upwards as the ball approaches• Student slaps at the ball with their hands• Students does not use their body to help hit the ball to a teammate
2	<p style="text-align: center;">Elementary Skill Level</p> <ul style="list-style-type: none">• Students hands are not ready above their head and in a diamond shape• Student pushes their hands too early or too late upwards as the ball approaches• Students does not use their body to help hit the ball to a teammate• Student contacts the ball with their finger tips
3	<p style="text-align: center;">Intermediate Skill Level</p> <ul style="list-style-type: none">• Students hands are ready above their head and in a diamond shape• Student pushes their hands upwards as the ball approaches• Student contacts the ball with their finger tips• Student does not use their body to help hit the ball to a teammate• Student places ball correctly so that teammate can spike the ball without adjusting body position• Student can use the quick set to fool the defense
4	<p style="text-align: center;">Advanced Skill Level</p> <ul style="list-style-type: none">• Students hands are ready above their head and in a diamond shape• Student pushes their hands upwards as the ball approaches• Student contacts the ball with their finger tips• Students uses their body to help hit the ball over to a teammate• Student places ball correctly so that teammate can spike the ball without adjusting body position• Student can use the quick set to fool the defense• Student can set the ball behind them and set up their teammate for the outside spike without them having to adjust their body position

