

## Volleyball Setting 8th Grade Rubric

This rubric will help to grade skill level of students in volleyball setting mechanics. To achieve a skill number, students must demonstrate all of the skills in that scoring level. Emphasis is on the process and mechanics of the sports skill and not the end product.

Skill Number	Mechanics and Cues of Skill
<b>1</b>	<p style="text-align: center;"><b>Basic Skill Level</b></p> <ul style="list-style-type: none"><li>• Students hands are not ready above their head and in a diamond shape</li><li>• Student pushes their hands too early or too late upwards as the ball approaches</li><li>• Student slaps at the ball with their hands</li><li>• Student uses their fists</li></ul>
<b>2</b>	<p style="text-align: center;"><b>Elementary Skill Level</b></p> <ul style="list-style-type: none"><li>• Students hands are not ready above their head and in a diamond shape</li><li>• Student pushes their hands too early or too late upwards as the ball approaches</li><li>• Student contacts the ball with their palm</li><li>• Students does not use their body to help hit the ball to a teammate</li></ul>
<b>3</b>	<p style="text-align: center;"><b>Intermediate Skill Level</b></p> <ul style="list-style-type: none"><li>• Students hands are ready above their head and in a diamond shape</li><li>• Student pushes their hands upwards as the ball approaches</li><li>• Student contacts the ball with their finger tips</li><li>• Students does not use their body to help hit the ball to a teammate</li></ul>
<b>4</b>	<p style="text-align: center;"><b>Advanced Skill Level</b></p> <ul style="list-style-type: none"><li>• Students hands are ready above their head and in a diamond shape</li><li>• Student pushes their hands upwards as the ball approaches</li><li>• Student contacts the ball with their finger tips</li><li>• Students uses their body to help hit the ball to a teammate</li></ul>

