

## Volleyball Setting 7th Grade Rubric

This rubric will help to grade skill level of students in volleyball setting mechanics. To achieve a skill number, students must demonstrate all of the skills in that scoring level. Emphasis is on the process and mechanics of the sports skill and not the end product.

Skill Number	Mechanics and Cues of Skill
<b>1</b>	<p style="text-align: center;">Basic Skill Level</p> <ul style="list-style-type: none"><li>• Students hands are not ready above their head and in a diamond shape</li><li>• Student pushes their hands too early or too late upwards as the ball approaches</li></ul>
<b>2</b>	<p style="text-align: center;">Elementary Skill Level</p> <ul style="list-style-type: none"><li>• Students hands are not ready above their head and in a diamond shape</li><li>• Student pushes their hands too early or too late upwards as the ball approaches</li><li>• Student contacts the ball with their palm</li></ul>
<b>3</b>	<p style="text-align: center;">Intermediate Skill Level</p> <ul style="list-style-type: none"><li>• Students hands are ready above their head and in a diamond shape</li><li>• Student pushes their hands upwards as the ball approaches</li><li>• Student contacts the ball with their finger tips</li></ul>
<b>4</b>	<p style="text-align: center;">Advanced Skill Level</p> <ul style="list-style-type: none"><li>• Students hands are ready above their head and in a diamond shape</li><li>• Student pushes their hands upwards as the ball approaches</li><li>• Student contacts the ball with their finger tips</li><li>• Students sets to a teammate</li></ul>

