

# Volleyball Serving Underhand Team Sports Rubric

This rubric will help to grade skill level of students in volleyball serving mechanics. To achieve a skill number, students must demonstrate all of the skills in that scoring level. Emphasis is on the process and mechanics of the sports skill during a game situation.

Skill Number	Mechanics and Cues of Skill
<b>1</b>	<p style="text-align: center;"><b>Basic Skill Level</b></p> <ul style="list-style-type: none"> <li>● Student holds ball in non-serving hand</li> <li>● Before the student serves they throw the ball into the air</li> <li>● Student swings arms sideways or without full control</li> <li>● Student makes poor contact with the ball or misses the ball while serving</li> <li>● Serve is inaccurate due to timing issues with throwing the ball into the air before the serve</li> </ul>
	<p style="text-align: center;"><b>Elementary Skill Level</b></p> <ul style="list-style-type: none"> <li>● Student holds ball in non-serving hand</li> <li>● Before the student serves they throw the ball into the air or drops the ball before contact</li> <li>● Student swings serving arm under control before making contact</li> <li>● Student does not take a step before serving</li> <li>● Student follows through with their serving hand inaccurately producing an inaccurate serve</li> </ul>
<b>3</b>	<p style="text-align: center;"><b>Intermediate Skill Level</b></p> <ul style="list-style-type: none"> <li>● Student holds ball in non-serving hand</li> <li>● Student holds ball in non-serving hand the whole time and does not throw the ball up or drop it</li> <li>● Students makes good contact with the ball while serving</li> <li>● Student takes a powerful step before serving</li> <li>● Students makes good contact with the ball while serving</li> <li>● Student has good follow through producing a straight serve over the net</li> <li>● Student can place the ball over the net in bounds all the time</li> </ul>
	<p style="text-align: center;"><b>Advanced Skill Level</b></p> <ul style="list-style-type: none"> <li>● Student holds ball in non-serving hand</li> <li>● Student holds ball in non-serving hand the whole time and does not throw the ball up or drop it</li> <li>● Student takes a powerful step before serving</li> <li>● Students makes good contact with the ball while serving</li> <li>● Student has good follow through producing a straight serve over the net</li> <li>● Student gets it over the net and in bounds all the time</li> <li>● Student can place the ball over the net in bounds all the time</li> <li>● Student can put spin on the ball so that its hard to return</li> </ul>
<b>4</b>	