

## Volleyball Serving Underhand 8th Grade Rubric

This rubric will help to grade skill level of students in volleyball serving mechanics. To achieve a skill number, students must demonstrate all of the skills in that scoring level. Emphasis is on the process and mechanics of the sports skill and not the end product.

Skill Number	Mechanics and Cues of Skill
<b>1</b>	<p data-bbox="821 573 1036 604">Basic Skill Level</p> <ul data-bbox="518 617 1365 737" style="list-style-type: none"><li data-bbox="518 617 1101 648">• Student holds ball in non-serving hand</li><li data-bbox="518 659 1365 690">• Before the student serves they throw the ball into the air</li><li data-bbox="518 701 1305 732">• Student swings arms sideways or without full control</li></ul>
<b>2</b>	<p data-bbox="776 837 1081 869">Elementary Skill Level</p> <ul data-bbox="518 882 1365 1079" style="list-style-type: none"><li data-bbox="518 882 1101 913">• Student holds ball in non-serving hand</li><li data-bbox="518 924 1365 995">• Before the student serves they throw the ball into the air or drops the ball before contact</li><li data-bbox="518 1005 1365 1079">• Student swings serving arm under control before making contact</li></ul>
<b>3</b>	<p data-bbox="764 1178 1092 1209">Intermediate Skill Level</p> <ul data-bbox="518 1222 1385 1419" style="list-style-type: none"><li data-bbox="518 1222 1101 1253">• Student holds ball in non-serving hand</li><li data-bbox="518 1264 1385 1335">• Student holds ball in non-serving hand the whole time and does not throw the ball up or drop it</li><li data-bbox="518 1346 1175 1377">• Student does not take a step before serving</li><li data-bbox="518 1388 1354 1419">• Students makes good contact with the ball while serving</li></ul>
<b>4</b>	<p data-bbox="786 1526 1071 1558">Advanced Skill Level</p> <ul data-bbox="518 1570 1385 1768" style="list-style-type: none"><li data-bbox="518 1570 1101 1602">• Student holds ball in non-serving hand</li><li data-bbox="518 1612 1385 1684">• Student holds ball in non-serving hand the whole time and does not throw the ball up or drop it</li><li data-bbox="518 1694 1193 1726">• Student takes a powerful step before serving</li><li data-bbox="518 1736 1354 1768">• Students makes good contact with the ball while serving</li></ul>