

## Volleyball Serving Underhand 7th Grade Rubric

This rubric will help to grade skill level of students in volleyball serving mechanics. To achieve a skill number, students must demonstrate all of the skills in that scoring level. Emphasis is on the process and mechanics of the sports skill and not the end product.

Skill Number	Mechanics and Cues of Skill
<b>1</b>	<p data-bbox="821 573 1036 604">Basic Skill Level</p> <ul data-bbox="518 617 1365 695" style="list-style-type: none"><li data-bbox="518 617 1101 653">• Student holds ball in non-serving hand</li><li data-bbox="518 659 1365 695">• Before the student serves they throw the ball into the air</li></ul>
<b>2</b>	<p data-bbox="776 837 1081 869">Elementary Skill Level</p> <ul data-bbox="518 882 1365 995" style="list-style-type: none"><li data-bbox="518 882 1101 917">• Student holds ball in non-serving hand</li><li data-bbox="518 924 1365 995">• Before the student serves they throw the ball into the air or drops the ball before contact</li></ul>
<b>3</b>	<p data-bbox="764 1178 1092 1209">Intermediate Skill Level</p> <ul data-bbox="518 1222 1385 1383" style="list-style-type: none"><li data-bbox="518 1222 1101 1257">• Student holds ball in non-serving hand</li><li data-bbox="518 1264 1385 1335">• Student holds ball in non-serving hand the whole time and does not throw the ball up or drop it</li><li data-bbox="518 1348 1175 1383">• Student does not take a step before serving</li></ul>
<b>4</b>	<p data-bbox="786 1526 1071 1558">Advanced Skill Level</p> <ul data-bbox="518 1570 1385 1732" style="list-style-type: none"><li data-bbox="518 1570 1101 1606">• Student holds ball in non-serving hand</li><li data-bbox="518 1612 1385 1684">• Student holds ball in non-serving hand the whole time and does not throw the ball up or drop it</li><li data-bbox="518 1696 1195 1732">• Student takes a powerful step before serving</li></ul>