

## Softball Performance Assessment Team Sports Rubric

	<b>0</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Throwing</b>	No effort	Uses proper body mechanics Keeps eye on target Reaches a 60-foot target	Is accurate up to 80 feet Throws with speed Is smooth from catch to throw Attempt to crow hop on long throws	Has a fast throw Is accurate at 100 feet and more Has a quick release after a catch Can crow hop effectively and correctly
<b>Catching</b>	No effort	Uses proper body mechanics Catches soft throws Aligns body with the ball	Moves forward for pop-ups Catches on the move Uses backhand	Runs four or more steps to catch the ball Uses glove proficiently Is usually successful Can use their backhand Dives for balls
<b>Batting</b>	No effort	Uses proper grip, stance, and swing Keeps eyes on the ball Swings at balls in zone	Hits varied pitches Swing stays in the plane Hands rotate correctly	Gets a hit often Hits grounders on demand Is not deterred by varied pitches Won't take a walk Can drag bunt
<b>Fielding</b>	No effort	Gets to position quickly Attempts to block the ball Glove and body in correct position	Blocks grounders Moves quickly to cover space Backs up other positions	Is responsible for outs Has solid coverage of position Uses and knows about cut off man Throws to correct base Tries to turn a double play
<b>Base running</b>	No effort	Runs to first base after hitting Runs in the correct order Touches each base	Is frequently successful Holds up on fly balls Leads after each pitch Is aware of base runner in front	Tags inside of corner Rounds base aggressively Takes advantage of rules