

Softball Performance Assessment 8th Grade Rubric

	0	2	3	4
Throwing	No effort	<ul style="list-style-type: none"> • Uses proper body mechanics • Keeps eye on target • Reaches a 30-foot target 	<ul style="list-style-type: none"> • Is accurate up to 60 feet • Throws with speed • Is smooth from catch to throw 	<ul style="list-style-type: none"> • Has a fast throw • Is accurate at 80 feet and higher • Has a quick release after a catch
Catching	No effort	<ul style="list-style-type: none"> • Uses proper body mechanics • Catches soft throws • Aligns body with the ball 	<ul style="list-style-type: none"> • Moves forward for pop-ups • Catches on the move • Blocks grounders with body 	<ul style="list-style-type: none"> • Runs four or more steps to catch • Uses glove proficiently • Is usually successful
Batting	No effort	<ul style="list-style-type: none"> • Uses proper grip, stance, and swing • Keeps eyes on the ball • Swings at balls in zone 	<ul style="list-style-type: none"> • Connects with the ball • Takes a walk • Does not fling bat 	<ul style="list-style-type: none"> • Gets a hit often • Hits grounders on demand • Is not deterred by varied pitches
Fielding	No effort	<ul style="list-style-type: none"> • Gets to position quickly • Attempts to block the ball 	<ul style="list-style-type: none"> • Backs up plays in sector • Moves quickly to cover the ball • Is frequently successful 	<ul style="list-style-type: none"> • Is responsible for outs • Has solid coverage of position
Base running	No effort	<ul style="list-style-type: none"> • Runs to first base after hitting • Runs in the correct order • Touches each base 	<ul style="list-style-type: none"> • Holds up on fly balls • Leads after each pitch • Is aware of base runner in front 	<ul style="list-style-type: none"> • Tags inside of corner • Rounds base aggressively • Takes advantage of rules