

Softball Performance Assessment 7th Grade Rubric

	0	2	3	4
Throwing	No effort	<ul style="list-style-type: none"> • Uses proper body mechanics • Keeps eye on target 	<ul style="list-style-type: none"> • Is accurate up to 30 feet • Is smooth from catch to throw 	<ul style="list-style-type: none"> • Is accurate at 60 feet and higher • Has a quick release after a catch
Catching	No effort	<ul style="list-style-type: none"> • Uses proper body mechanics • Catches soft throws 	<ul style="list-style-type: none"> • Moves forward for pop-ups • Catches on the move 	<ul style="list-style-type: none"> • Runs four or more steps to catch • Uses glove proficiently
Batting	No effort	<ul style="list-style-type: none"> • Uses proper grip, stance, and swing • Keeps eyes on the ball 	<ul style="list-style-type: none"> • Connects with the ball • Does not fling bat 	<ul style="list-style-type: none"> • Gets a hit often • Hits grounders on demand
Fielding	No effort	<ul style="list-style-type: none"> • Gets to position quickly • Attempts to block the ball 	<ul style="list-style-type: none"> • Moves quickly to cover the ball • Is frequently successful 	<ul style="list-style-type: none"> • Is responsible for outs • Has solid coverage of position
Base running	No effort	<ul style="list-style-type: none"> • Runs to first base after hitting • Runs in the correct order • Touches each base 	<ul style="list-style-type: none"> • Holds up on fly balls • Leads after each pitch 	<ul style="list-style-type: none"> • Tags inside of corner • Rounds base aggressively • Takes advantage of rules