

Soccer Kicking Team Sports Rubric

This rubric will help to grade skill level of students in the soccer kick. To achieve a skill number, students must demonstrate all of the skills in that scoring level. Emphasis is on the process and mechanics of the sports skill during a game situation.

Skill Number	Mechanics and Cues of Skill
1	<p style="text-align: center;">Basic Skill Level</p> <ul style="list-style-type: none"> ● No steps are taken to approach the ball (stand and swing) ● Contact is made with the toe ● No follow through ● Low power on shot ● Shot is erratic and not accurate
2	<p style="text-align: center;">Elementary Skill Level</p> <ul style="list-style-type: none"> ● Steps are taken to approach the ball but steps may not be balanced ● Plant foot is near ball but not next to ball ● Contacts to the ball with toe or side of the foot ● Little or no follow through resulting in loss of power ● 2 steps behind ball but steps are not fully balanced
3	<p style="text-align: center;">Intermediate Skill</p> <ul style="list-style-type: none"> ● 2 steps behind ball but steps are not fully balanced ● Plant foot is around the ball but not in the proper spot ● Contacts the ball with the side of the foot or instep ● Average contact with ball and eyes on target ● Able to kick the ball while it is moving without trapping it first ● Able to demonstrate 3 soccer specific skills during a game
4	<p style="text-align: center;">Exemplar Skill Level</p> <ul style="list-style-type: none"> ● 2 steps behind ball and steps balanced ● Plant foot is next to ball ● Use full body momentum/force ● Follows through with kicking leg ● Contacts the ball with the side of the foot or instep ● Good contact with ball and eyes on target ● Able to kick the ball while it is moving without trapping it first ● Able to demonstrate 5 soccer specific skills during a game ● Student can bend the ball during a corner kick