

PHYSICAL EDUCATION
ALTERNATIVE WRITING PROGRAM – ASSIGNMENT #1

Name: _____ Teacher: Coach Lord Period: _____

A written assignment is due for each PE class, which is missed. The review will be based on articles taken from: newspapers, magazines, newsela, or journals.

- 1) You are to attach a copy of the article to your review.
- 2) The review should reflect 40 minutes of class participation & must include at least 5 paragraphs and one complete page.
- 3) Your review topic must be on a Physical Education Topic such as: sports, recreational activities; fitness topics; exercise and health benefits; athletic injuries; drug use in sports; athletes in the news; nutritional information.

Your written review is to include the following:

- 1) Introduction
- 2) Summary of the article: This section is to include 2-3 paragraphs in your own words.
- 3) Your reaction to the article
 - * Why did you choose this article?
 - * What do you think about this topic?
 - * Was it interesting or not?
 - * What did you learn from this article?
 - * Do you agree or disagree?
 - * Do you know anyone else that did this and what happened?
 - * Would you want to be him/her?

Grade is based on:

- 1) Comprehension of article
- 2) Paragraph & sentence structure
- 3) Your reasoning in your reaction to the article
- 4) Length & effort
- 5) Relationship of article to physical education
- 6) What you learned relating to PE

*****If you do not participate in the writing program when medically excused your absences will affect your grade drastically and you can then be in jeopardy of failing for the year.**

Corrected papers can be picked up from your PE teacher.

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There are a variety of career options in the field of sport, physical fitness and recreation. Your assignment is to research these fields and find a job that sounds interesting to you. When you have researched some career options complete the following in at least **500 words**.

1. Describe the job in detail.
2. Indicate what training or education is required.
3. Indicate salaries and job availability.
4. Any other interesting or pertinent information.

***Value of the assignment: **2 PE classes**

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ALTERNATIVE WRITING PROGRAM – ASSIGNMENT #3

Directions: Throughout history, and the present, there have been athletes who have used the world of sports to demonstrate their remarkable abilities, character, work ethic and desire. It is possible to gain inspiration from such stories. Your assignment will be to seek out one of these athletes and learn as much as you can about them. Go to the library and research the books that contain athletes who have played an amateur or professional sport. Read about their story. On a clean piece of paper, write an essay about that athlete. Be sure to include the following:

1. Where did the athlete grow up, and what was it like in his/her life while they were young?
2. Why did the athlete decide to be involved in sports?
3. What were the various levels of competition that the athlete participated in?
4. Why was this athlete successful?
5. What can you learn from the athlete that might be helpful in your life?

Plus any other information that you find that would be interesting. The essay must contain at least **1000 words**.

***Value of the assignment: 4 PE classes