

Basketball Dribbling Team Sports Rubric

This rubric will help to grade skill level of students in the hand dribble. To achieve a skill number, students must demonstrate all of the skills in that scoring level. Emphasis is on the process and mechanics of the sports skill and not the end product.

Skill Number	Mechanics and Cues of Skill
1	<p style="text-align: center;">Basic Skill Level</p> <ul style="list-style-type: none"> • Students eyes are focused on the ball and student will sometimes look up to scan • Student dribbles the ball at varying levels • Student pushes the ball down with their fingertips • Student can dribble properly with their dominant hand but not equally with their non-dominant hand • Student cannot keep complete control when dribbling at full speed
2	<p style="text-align: center;">Elementary Skill Level</p> <ul style="list-style-type: none"> • Students eyes are scanning and not focused on the ball • Student dribbles the ball at waist level • Student pushes the ball down with their fingertips • Student can dribble properly with their dominant hand but not equally with their non-dominant hand • Student loses some control when dribbling at full speed
3	<p style="text-align: center;">Advanced Skill Level</p> <ul style="list-style-type: none"> • Students eyes are scanning and not focused on the ball • Student dribbles the ball at waist level • Student pushes the ball down with their fingertips • Student can dribble properly with their dominant hand but not equally with their non-dominant hand • Student loses some control when dribbling at full speed • Student can do a cross-over and spin move in a game situation
4	<p style="text-align: center;">Exemplar Skill Level</p> <ul style="list-style-type: none"> • Students eyes are scanning and not focused on the ball • Student dribbles the ball at waist level • Student pushes the ball down with their fingertips • Student can use both hands equally while dribbling • Students dribble is under control at full speed • Student can do a spin move, cross-over, behind the back and between the legs during a game situation