

Basketball Dribbling 9th Grade Rubric

This rubric will help to grade skill level of students in the hand dribble. To achieve a skill number, students must demonstrate all of the skills in that scoring level. Emphasis is on the process and mechanics of the sports skill during a game situation.

Skill Number	Mechanics and Cues of Skill
1	Basic Skill Level
	<ul style="list-style-type: none"> • Students eyes are focused on the ball and student will sometimes look up to scan • Student dribbles the ball at varying levels • Student pushes the ball down with their fingertips • Student can dribble properly with their dominant hand but not equally with their non-dominant hand • Student cannot keep complete control when dribbling at full speed
2	Elementary Skill Level
	<ul style="list-style-type: none"> • Students eyes are scanning and not focused on the ball • Student dribbles the ball at waist level • Student pushes the ball down with their fingertips • Student can dribble properly with their dominant hand but not equally with their non-dominant hand • Student loses some control when dribbling at full speed
3	Advanced Skill Level
	<ul style="list-style-type: none"> • Students eyes are scanning and not focused on the ball • Student dribbles the ball at waist level • Student pushes the ball down with their fingertips • Student can dribble properly with their dominant hand but not equally with their non-dominant hand • Student loses some control when dribbling at full speed • Student can use a cross-over during a game situation
4	Exemplar Skill Level
	<ul style="list-style-type: none"> • Students eyes are scanning and not focused on the ball • Student dribbles the ball at waist level • Student pushes the ball down with their fingertips • Student can use both hands equally while dribbling • Students dribble is under control at full speed • Student can use a cross-over and spin move during a game situation