



Batting 7th Grade Rubric



This rubric will help to grade skill level of students in batting mechanics. To achieve a skill number, students must demonstrate all of the skills in that scoring level. Emphasis is on the process and mechanics of the sports skill and not the end product.

Skill
Number

Mechanics and Cues of Skill

1

Basic Skill Level

- Student has non-dominant hand-on-top and hands are not close together
- Students legs are not shoulder width apart
- Bat is not brought back away from the students body
- Student does not take a step before swinging

2

Elementary Skill Level

- Student has dominant hand-on-top grip but hands may not be close together
- Students legs are not shoulder width apart
- Bat is up-and-back away from students body but not back far enough
- Student takes a small step with their front foot or no step before they swing

3

Intermediate Skill Level

- Student has dominant hand-on-top grip and hands are close together
- Students legs are shoulder width apart
- Bat is up-and-back away from students body but not back far enough
- Student takes a small step with their front foot before they swing

4

Exemplar Skill Level

- Student has dominant hand-on-top grip and hands are close together
- Students legs are shoulder width apart
- Bat is up-and-back away from students body and shoulders
- Student takes a large step with their front foot before they swing

