



Basketball Shooting 8th Grade Rubric



This rubric will help to grade skill level of students in the basketball shot. To achieve a skill number, students must demonstrate all of the skills in that scoring level. Emphasis is on the process and mechanics of the sports skill and not the end product.

Skill Number	Mechanics and Cues of Skill
1	Basic Skill Level
	<ul style="list-style-type: none">• Student picks up dribble before the shooting spot• Student does not stop body and shoots while moving• Student has little/no balance and the shot is inaccurate• Student shoots with both hands on the side of the ball
2	Elementary Skill Level
	<ul style="list-style-type: none">• Student does not make a complete stop and rushes shot• Student does not bend knees or fully use lower body• Vision is not focused on target/basket• Student shoots with both hands on the side of the ball
3	Advanced Skill Level
	<ul style="list-style-type: none">• Student makes a complete stop but body is not fully balanced• Student's hands are on correct spot on the basketball• Student does not bend knees or fully use lower body (causes student to not shoot properly)• Student's vision is at the basket while shooting
4	Exemplar Skill Level
	<ul style="list-style-type: none">• Student makes a complete stop and balances their body• Student bends knees and uses lower body during shot• Student's hands are on correct spot on the basketball• Student's vision is at the basket while shooting