

Basketball Lay-up Team Sports Rubric

This rubric will help to grade skill level of students while doing the basketball lay-up. To achieve a skill number, students must demonstrate all of the skills in that scoring level. Emphasis is on the process and mechanics of the sports skill during intense game situations.

Skill Number	Mechanics and Cues of Skill
1	Basic Skill Level <ul style="list-style-type: none"> ● Student runs with the ball instead of dribbling to the basket ● Student stops momentum completely before shooting ● Student does not jump or jumps off both legs ● Shot is not accurate or around the basket ● Student jumps from far away from the basket ● Shot does not use the backboard or is not accurate
	Elementary Skill Level <ul style="list-style-type: none"> ● Student dribbles all the way into the basket ● Student is not balanced when they pick their dribble up (too many steps etc) ● Student jumps off their outside leg ● Student jumps from an appropriate area on the floor ● Student uses the backboard while shooting
2	Advanced Skill Level <ul style="list-style-type: none"> ● Student dribbles all the way into the basket ● Student is balanced when approaching the basket ● Student jumps off their inside leg while shooting with their outside hand ● Student jumps from an appropriate area on the floor ● Student uses the backboard while shooting ● Student use the top corner of the square ● Student use the lay-up during transition going full speed in a game
	Exemplar Skill Level <ul style="list-style-type: none"> ● Student dribbles all the way into the basket ● Student is balanced when approaching the basket ● Student jumps off their inside leg while shooting with their outside hand ● Student jumps from an appropriate area on the floor ● Student uses the backboard while shooting ● Student can use English when doing a reverse lay-up ● Student uses lay-ups all the time for easy points during a game ● Student is looking for lay-up opportunities all the time during games not just in transition
3	
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